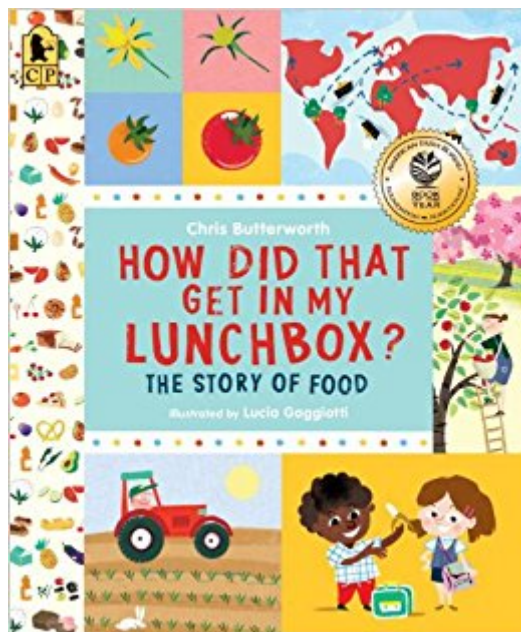




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# How Did That Get In My Lunchbox?: The Story Of Food (Exploring The Everyday)



## Synopsis

"Equally informative and appetite-whetting." — The Horn Book One of the best parts of a young child's day is opening a lunchbox and diving in. But how did that delicious food get there? From planting wheat to mixing dough, climbing trees to machine-squeezing fruit, picking cocoa pods to stirring a vat of melted bliss, here is a clear, engaging look at the steps involved in producing some common foods. Health tips and a peek at basic food groups complete the menu.

## Book Information

Lexile Measure: 870L (What's this?)

Series: Exploring the Everyday

Paperback: 32 pages

Publisher: Candlewick; Reprint edition (February 12, 2013)

Language: English

ISBN-10: 0763665037

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Product Dimensions: 8.5 x 0.2 x 10.2 inches

Shipping Weight: 6.4 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 19 customer reviews

Best Sellers Rank: #51,706 in Books (See Top 100 in Books) #23 in Books > Children's Books >

Growing Up & Facts of Life > Health > Diet & Nutrition #25 in Books > Children's Books >

Science, Nature & How It Works > How Things Work #45 in Books > Children's Books >

Children's Cookbooks

Age Range: 5 - 8 years

Grade Level: Kindergarten - 3

## Customer Reviews

Chris Butterworth is the author of *Sea Horse: The Shyest Fish in the Sea*, winner of a John Muir prize for natural history writing. The author of many nonfiction books for children, she lives in Cornwall, England. Lucia Gaggiotti is a graphic designer, packager, and illustrator whose images of food have been used by many food companies in London, including Carluccios and Pizza Express. She lives in London.

As a health coach I have taught classes for preschoolers to introduce them to health as well as teaching parents how to lead by example and also teaching them how to teach their own families

about health. Good books are critical to success of both of those endeavors! So, as you can imagine, I won quite a few books on food and health, both for kids and for adults. While this book isn't the most focused on health, I have found that kids tend to be VERY curious about where things come from (and my two boys I can speak for specifically as VERY VERY curious!). To that end, this book is excellent because it addresses where all the foods in a lunch box come from. The stories about healthy foods can be powerful tools to get kids interested in those healthy foods! This book does miss the mark slightly by repeating produce and avoiding meat entirely. Since we don't eat much meat in my family this didn't bother me much. But on the other hand I also talk about where food comes from (and, when an animal, I talk about how the animal used to be alive), so it would have been beneficial for this to be addressed. I understand it is tricky, especially since so much meat comes from abysmal circumstances in the USA, and you don't necessarily want to terrify your children... well, anyway, you get the idea. It's simply skipped this book, for better or worse. None the less, I recommend this book for piquing kids interest in food and food politics.

This book has really cute pictures and my kids love it. I do think this book depends a little too much on the factory version of food rather than a more organic/homegrown understanding of food...but that is ok, after all the book is titled "How did that get in my lunchbox?"

This is a great book for kids to learn the basics of where their food comes from! This a thick paperback book with above average quality pages and vibrant colors and illustrations. My kids and I will enjoy using this as a supplemental resource in our homeschool studies this year! Great for about Pre-K to 3rd grade ages in my opinion :)

my daughter absolutely loves this book. She is 3.5 years old and can't read, but she still picks this one up and looks at it all the time. A really great read for those who want to educate their kids on where food actually comes from! Also, I used to work on the farm and she loves hearing about the things I did that the book details.

I love this book! Explains where foods that might be found in a lunchbox come from. My sons are picky eaters and this helped a little to get them to want to explore other foods.

My three year old really enjoyed it!

Love this book. Very educational and the illustrations are great.

This is a great book! Much of the content has been covered with our kindergartner on various occasions but pulling it altogether for this read was perfect. My daughter enjoyed the book although she doesn't ask for it much; thus the 4 STAR only rating.

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